

Jordan Varing, MPH, BSN, RN

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EDUCATION

Texas A&M University, Mays Business School Master of Business Administration	College Station, TX May 2028
University of Texas Medical Branch Bachelor of Science in Nursing	Galveston, TX December 2022
Texas A&M University, School of Public Health Master of Public Health – Health Policy & Management	College Station, TX December 2014
Texas A&M University Bachelor of Science in Biomedical Sciences	College Station, TX December 2011

EXPERIENCE

Baylor St. Luke's Medical Center <i>Staff Registered Nurse, Medical Intensive Care Unit</i>	Houston, TX February 2023 – February 2026
- Coordinated 8-10 nurses' assignments, patient coverage, breaks, and unit workflow as charge nurse for an 18-bed medical ICU, maintaining safe staffing and continuity of care in a high-acuity environment - Communicated changes in patient condition across care teams, facilitating rapid intervention and coordinated decision-making during critical clinical situations - Conducted EHR nursing audits to identify documentation gaps and strengthen quality, accountability, and compliance	
UTHealth <i>Clinical Research Administrator, Dept. of Gastroenterology, Hepatology & Nutrition</i>	Houston, TX April 2019 - August 2021
- Directed day-to-day operations for 25-30 clinical research projects, coordinating personnel, facilities, budgets, timelines, and internal resources to support successful study execution - Led contract and budget negotiations and managed research division finances, balancing sponsor requirements with departmental operational and financial priorities - Evaluated resource needs across research projects and recommended staffing and operational adjustments to improve efficiency and support project milestones	
<i>Clinical Trial Program Manager, Dept. of Gastroenterology, Hepatology & Nutrition</i>	February 2018 - January 2019
- Managed clinical trial operations across research sites, coordinating recruitment, regulatory requirements, study documentation, and cross-functional resources to keep trials progressing toward sponsor milestones - Led participant recruitment efforts connecting qualified patients with clinical research opportunities - Monitored study execution and regulatory documentation to identify compliance risks and maintain readiness for sponsor review and monitoring activities	
<i>Lead Research Coordinator, Dept. of Gastroenterology, Hepatology & Nutrition</i>	October 2016 - February 2018
- Coordinated participant recruitment, screening, study visits, and clinical documentation across trials in HBV, HCV, NAFLD/NASH, IBD, and other therapeutic areas - Developed study source documents and managed clinical databases to improve consistency, accuracy, and accessibility of research records - Conducted internal quality assurance reviews of study documentation and regulatory files to identify gaps and maintain inspection readiness	

ADDITIONAL EXPERIENCE

The Medical Center of Southeast Texas — Travel MICU/CVICU RN Port Arthur, TX February 2026–July 2026
College Station Medical Center — Human Resources Representative College Station, TX February 2013–July 2013
DiscoveResearch, Inc. — Assistant Clinical Research Coordinator Beaumont, TX March 2012–June 2012

SKILLS & CREDENTIALS

Healthcare & Operations: Clinical Research Operations, Project Management, Budget & Contract Negotiation, Regulatory Compliance, Quality Assurance, Epic EHR

Licensure & Training: Registered Nurse – Texas; Advanced Cardiovascular Life Support; Basic Life Support